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COLON SURGERY WITH SUPREP

Legacy Silverton Health: _____ please call our office the Thursday prior to your Surgery to get your check in time.

Important Reminders

- **Medication: STOP** taking fish oil, vitamin E, aspirin, ibuprofen or any other NSAIDs, and any other blood thinners **7 days prior** to the procedure, unless otherwise directed by your physician. Take your other usual medications during the prep unless stated otherwise by your physician. If you need pain medication, Tylenol is safe to use prior to this procedure as needed. If you are diabetic, you will need to take ½ your usual diabetic medication doses the day of your prep. Avoid taking medications directly before or after drinking your prep. **(Medications are very IMPORTANT. Do not disregard.)**
- If you take Ozempic, Trulicity, Mounjaro or Jardice you will need to stop 1 week prior to your
- If you are taking Dextroamphetamine–Amphetamine & Multivitamins need to be held **3 days prior** to surgery.
- **The preparation is very important.** If you do not follow the recommend prep instructions your procedure will be canceled.

Medications you will need:

1. 4 Gas X tablets or Simithicone (over the counter)
2. Neomycin (sent to your pharmacy)
3. **Metronidazole** (sent to your pharmacy)
4. Box of SUPREP
5. Pre-OP drinks (2 bottles)

2 Days Prior To Procedure: Do not eat any salad, celery, corn, nuts or other difficult to digest foods.

1 Day Prior To Your Procedure:

- You will be on a **CLEAR LIQUID** diet this **ENTIRE DAY**. (Examples: Water, apple or white grape juice, chicken or beef bouillon, Jell-O, Gatorade, clear soft drinks or green tea.) No black coffee. You **WILL NOT** be able to have any dairy products or solid foods. Please plan accordingly. **NO EXCEPTIONS**
- **1:00 pm-** Take 1st dose of (2) **Neomycin** and (1) **Metronidazole** (total of 3 pills)
- **2:00 Pm-** Take 2nd dose of (2) **Neomycin** and (1) **Metronidazole** (total of 3 pills)
- **6:00 pm:** Take 2 **Gas x tablets** and pour one bottle of **SUPREP** into the provided mixing container. Add cool drinking water to fill line and mix thoroughly. Drink all liquid in the container. After finishing the SUPREP follow with 32 oz. of water over the next hour. (Do not chug the Suprep).
- Sometime between **6pm and 11pm** drink one bottle of **Pre-Op drink**.
- **5-6 hours prior to your check in time-** Take 3rd dose of (2) **Neomycin** and (1) **Metronidazole** (total of 3 pills)
- **5-6 hours prior to your check in time -** Take 2 **Gas x tablets** and pour the last bottle of **SUPREP** into the provided mixing container. Add cool drinking water to fill line and mix thoroughly. Drink all liquid in the container. After finishing the Suprep follow with 32 oz. of water over the next hour. (Do not chug the Suprep).
- **Between 11:00pm & 6:00am** Drink second bottle of **Pre-op drink**

NOTHING BY MOUTH 3 HOURS PRIOR TO YOUR PROCEDURE

Day of Procedure

- **Blood pressure and Heart Medications:** Please take blood pressure and heart medications with a sip of water **IF** you have been instructed to do so. If you take Lisinopril, please hold your usual dose until after the procedure.